

TSUEN WAN PUBLIC HO CHUEN YIU MEMORIAL COLLEGE

Physical Education Department 2019-2020

Objective

Through teaching a wide range of sports skills and knowledge, helps students develop an active and healthy lifestyle, and nurture balanced development in the five virtues, 'ethics, intellect, physical development, social skills and aesthetics'.

Major Concerns (2019-2020)

1. To arouse students' interest in sports through E-learning.
2. To help students improve their physical fitness to meet their daily work and future challenges and lead them to a flourishing life.

Assessment System

The students will be assessed as follows:

Items	Percentage
1. Class Performance (Attendance, punctuality and attitude)	30%
2. Skills	25%
3. Physical fitness	25%
4. Knowledge in physical fitness and sports	10%
5. Participation and performance in sports	10%

Students' overall performance in this subject will be graded as shown below:

Grade	A	B	C	D	E	F
Performance	Excellent	Good	Fair	Satisfactory	Pass	Fail

Normally, students who do not attend classes more than three times a term may not be graded and will fail in this subject unless under exceptional cases. Basically, the performance of an average student in this subject will be classified in grade C category. Furthermore, grades with plus and minus signs will also be used whenever applicable.

Internal School Sports Competitions

No	Date	Competitions
1.	2, 4, 8, 9, 11 Oct 2019	Inter-house Basketball Competition (Senior Forms)
2.	15, 18, 23, 25 Oct 2019	Inter-house Football Competition
3.	11 – 15 Nov 2019	Inter-class Dodgeball Competition (Senior Forms)
4.	11 Dec 2019	Inter-house Table-tennis Competition
5.	11, 12 Mar 2020	Sports Days
6.	4 – 8 May 2020	Inter-class Dodgeball Competition (Junior Forms)
7.	19, 22, 26, 29 May 2020	Inter-house Basketball Competition (Junior Forms)